

ARC Lap Pool Schedule March

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6:00 AM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	Closed	Closed
6:30 AM	6 Lanes	6 Lanes	3 Lanes	6 Lanes	6 Lanes	Closed	Closed
7:00 AM	Gilde Fit	6 Lanes	3 Lanes	6 Lanes	6 Lanes	Closed	Closed
7:30 AM	2 Lanes	6 Lanes	3 Lanes	6 Lanes	6 Lanes	Closed	Closed
8:00 AM	2 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	Closed	Closed
8:30 AM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	Closed	Closed
9:00 AM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	Glide Fit/	2 Lanes	Closed
9:30 AM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	Closed
10:00 AM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	Closed
10:30 AM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	Closed
11:00 AM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	6 Lanes	6 Lanes
11:30 AM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	6 Lanes	6 Lanes
12:00 PM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	2 Lanes	6 Lanes
12:30 PM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	2 Lanes	6 Lanes
1:00 PM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	2 Lanes	2 Lanes
1:30 PM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes
2:00 PM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes
2:30 PM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes
3:00 PM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes
3:30 PM	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes
4:00 PM	No Lanes	No Lanes	No Lanes	No Lanes	No Lanes	2 Lanes	Gilde Fit
4:30 PM	No Lanes	No Lanes	No Lanes	No Lanes	No Lanes	2 Lanes	2 Lanes
5:00 PM	No Lanes	No Lanes	No Lanes	No Lanes	No Lanes	2 Lanes	2 Lanes
5:30 PM	No Lanes	No Lanes	No Lanes	No Lanes	No Lanes	2 Lanes	2 Lanes
6:00 PM	Masters/	6 Lanes	6 Lanes	Masters/	2 Lanes	2 Lanes	2 Lanes
6:30 PM	1 Lane	Kayaking	6 Lanes	1 Lane	2 Lanes	2 Lanes	Closed
7:00 PM	1 Lane	No Lanes	Water Polo	1 Lane	2 Lanes	2 Lanes	Closed
7:30 PM	2 Lanes	No Lanes	No Lanes	2 Lanes	2 Lanes	2 Lanes	Closed
8:00 PM	2 Lanes	No Lanes	No Lanes	2 Lanes	2 Lanes	2 Lanes	Closed
8:30 PM	2 Lanes	No Lanes	No Lanes	2 Lanes	2 Lanes	Closed	Closed
9:00 PM	2 Lanes	No Lanes	No Lanes	2 Lanes	2 Lanes	Closed	Closed

Lap lanes are for SHARING and sharing may sometimes be required.

DIVING BOARD SCHEDULE - *Subject to Change at Lifeguard's Discretion

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1:30-3:45pm	1:30-3:45pm		1:30-3:45pm	1:30-3:45pm	12:00-7:45pm	1:00-3:45pm
	7:30-8:45pm			7:30-8:45pm	6:00-8:45pm		

Masters Swim Practice: Monday and Thursday - 6:00-7:30pm (1 Lane Available)

Swim Team Practice: Monday through Friday 4:00-6:00pm (No Lanes Available)

Wednesday - 2:30-4:00pm (2 Lanes)

Adult Learn to Swim: Wednesday - 6:30-7:30am (3 Lanes Available)

Glide Fit: Monday - 7:00 - 8:00am (4 Lanes Available)

Friday - 9:30 - 10:00 am & Sunday - 4:00-5:00pm (2 Lanes Available)

Water Polo: Wednesday - 6:00 - 7:30pm (NO Lap Pool Available When Nets Are In)

Kayaking: Tuesday - 7:00 - 8:30pm (NO Lap Pool Available)