



## ARC Lap Pool Schedule February

|          | Mon      | Tues       | Wed        | Thurs    | Fri        | Sat     | Sun     |
|----------|----------|------------|------------|----------|------------|---------|---------|
| 6:00 AM  | 4 Lanes  | 2 Lanes    | 6 Lanes    | 2 Lanes  | 4 Lanes    | Closed  | Closed  |
| 6:30 AM  | 4 Lanes  | 2 Lanes    | 6 Lanes    | 2 Lanes  | 4 Lanes    | Closed  | Closed  |
| 7:00 AM  | 4 Lanes  | 2 Lanes    | 6 Lanes    | 2 Lanes  | 4 Lanes    | Closed  | Closed  |
| 7:30 AM  | 4 Lanes  | 2 lanes    | 6 Lanes    | 2 lanes  | 4 Lanes    | Closed  | Closed  |
| 8:00 AM  | 2 lanes  | 2 lanes    | 2 lanes    | 2 lanes  | 2 lanes    | Closed  | Closed  |
| 8:30 AM  | 2 lanes  | 2 lanes    | 2 lanes    | 2 lanes  | 2 lanes    | Closed  | Closed  |
| 9:00 AM  | 2 lanes  | 2 lanes    | 2 lanes    | 2 lanes  | 2 lanes    | 2 lanes | Closed  |
| 9:30 AM  | 2 lanes  | 2 lanes    | 2 lanes    | 2 lanes  | Glide Fit/ | 2 lanes | Closed  |
| 10:00 AM | 2 lanes  | 2 lanes    | 2 lanes    | 2 lanes  | 2 lanes    | 2 lanes | Closed  |
| 10:30 AM | 2 lanes  | 2 lanes    | 2 lanes    | 2 lanes  | 2 lanes    | 2 lanes | Closed  |
| 11:00 AM | 2 lanes  | 2 lanes    | 2 lanes    | 2 lanes  | 2 lanes    | 6 lanes | 6 lanes |
| 11:30 AM | 2 lanes  | 2 lanes    | 2 lanes    | 2 lanes  | 2 lanes    | 6 lanes | 6 lanes |
| 12:00 PM | 6 lanes  | 6 lanes    | 6 lanes    | 6 lanes  | 6 lanes    | 2 lanes | 6 lanes |
| 12:30 PM | 6 lanes  | 6 lanes    | 6 lanes    | 6 lanes  | 6 lanes    | 2 lanes | 6 lanes |
| 1:00 PM  | 6 lanes  | 6 lanes    | 6 lanes    | 6 lanes  | 6 lanes    | 2 lanes | 2 Lanes |
| 1:30 PM  | 2 lanes  | 2 lanes    | 2 lanes    | 2 lanes  | 2 lanes    | 2 lanes | 2 Lanes |
| 2:00 PM  | 2 lanes  | 2 lanes    | 1 lane     | 2 lanes  | 2 lanes    | 2 lanes | 2 Lanes |
| 2:30 PM  | 2 lanes  | 2 lanes    | 1 lane     | 2 lanes  | 2 lanes    | 2 lanes | 2 lanes |
| 3:00 PM  | 2 lanes  | 2 lanes    | 1 lane     | 2 lanes  | Glide Fit/ | 2 lanes | 2 lanes |
| 3:30 PM  | 2 lanes  | 2 lanes    | 2 lanes    | 2 lanes  | 2 lanes    | 2 lanes | 2 lanes |
| 4:00 PM  | No Lanes | No Lanes   | No Lanes   | No Lanes | No Lanes   | 2 lanes | 2 lanes |
| 4:30 PM  | No Lanes | No Lanes   | No Lanes   | No Lanes | No Lanes   | 2 lanes | 2 lanes |
| 5:00 PM  | No Lanes | No Lanes   | No Lanes   | No Lanes | No Lanes   | 2 lanes | 2 lanes |
| 5:30 PM  | No Lanes | No Lanes   | No Lanes   | No Lanes | No Lanes   | 2 lanes | 2 lanes |
| 6:00 PM  | Masters/ | 2 lanes    | 6 lanes    | Masters/ | 2 lanes    | 2 lanes | 2 lanes |
| 6:30 PM  | 1 lane   | Glide Fit/ | Water Polo | 1 lane   | 2 lanes    | 2 lanes | Closed  |
| 7:00 PM  | 1 lane   | 2 lanes    | No Lanes   | 1 lane   | 2 lanes    | 2 lanes | Closed  |
| 7:30 PM  | 2 lanes  | 2 lanes    | No Lanes   | 2 lanes  | 2 lanes    | 2 lanes | Closed  |
| 8:00 PM  | 2 lanes  | 2 lanes    | No Lanes   | 2 lanes  | 2 lanes    | 2 lanes | Closed  |
| 8:30 PM  | 2 lanes  | 2 lanes    | No Lanes   | 2 lanes  | 2 lanes    | Closed  | Closed  |
| 9:00 PM  | 2 lanes  | 2 lanes    | No Lanes   | 2 lanes  | 2 lanes    | Closed  | Closed  |

Lap lanes are for SHARING and sharing may sometimes be required.

### DIVING BOARD SCHEDULE - \*Subject to Change at Lifeguard's Discretion

|  | Monday      | Tuesday     | Wednesday | Thursday    | Friday      | Saturday     | Sunday      |
|--|-------------|-------------|-----------|-------------|-------------|--------------|-------------|
|  | 1:30-3:45pm | 1:30-3:45pm |           | 1:30-3:45pm | 1:30-3:45pm | 12:00-7:45pm | 1:00-4:00pm |
|  | 7:30-8:45pm | 7:30-8:45pm |           | 7:30-8:45pm | 6:00-8:45pm |              |             |

**Water Aerobics:** Monday through Friday - 9:00am-10:00am (2-3 Lanes Available)

**Masters Swim Practice:** Monday and Thursday - 6pm-7:30pm (1 Lane Available)

**Swim Team Practice:** Monday through Friday 4pm-6pm (No Lanes)

Tuesday & Thursday 6am - 7:30am (3 Lanes Available)

**High School Swim Team:** Monday, Tuesday, Thursday and Friday 6am-7:30am (4 Lanes Available)

Wednesday 2pm-3:30pm (4 Lanes Available)

**Water Polo:** Wednesday - 7:00 - 8:30pm (No Lap Lanes Available)

**Glide Fit:** Tuesday - 6:30-7:30pm, Friday - 9:30-10:30am (2 Lanes Available Tues & Fri)

**Youth Glide Fit:** Friday - 3:25-3:55pm (2 Lanes Available)

**Attention:**

No School Monday, February 19th

Aspen Recreation Center  
0861 Maroon Creek Road  
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