

Aspen Recreation

Flag Football FAQ

What day and where are the practices?

Practices will be held twice/week on Lower Moore Field, Mondays and Wednesdays, with games played on Saturdays. There will be a designated practice/warm-up area for the teams on gameday.

Who will be the coaches and how do you become a coach?

We encourage parents to participate as coaches as we promote a fun filled family atmosphere in developing proper sportsmanship. To become a Coach please select the appropriate box on the registration form. Every coach must have a current background check. Coordinate the background checks through Alex Schrempp with Aspen Recreation.

How do I request a friend or coach for my child's team?

On the registration form it will ask you "Friend Request" and "Coach Request", which you can detail in the "Custom Notes" Field of the form.

How do I form or register a team?

Each team requires 9 players on the roster, to organize a team please have each player either request a Coach or Friend on the registration form. The software will filter the request and assign the players to a team.

What does my kid need to wear for games?

Every player will need a mouth guard. (Check out Carl's Pharmacy/Miner's Building). Aspen Recreation Game Shirts are provided to the players. ALL shorts worn for competition must have NO pockets!

What type of football will be used?

Kindergarten - 4th Grade will use Pee-Wee football.

Can a player play down with a lower age-group? Example: A 3rd Grader playing in the 1st-2nd Grade Division.

NO. A player can never play down a division but can always play a division up.