



2018-2019

3rd/4th, 5th/6th

Winter Basketball Season

Parent Guide

Season Opens: 12/3/18

Holiday Break: 12/21/18 – 1/6/19

3rd/4th Playoff Week:

2/25/19 – 3/1/19

5th/6th Playoff Week:

3/4/19 – 3/8/19

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AHS Girls Basketball Night – Thursday January 31st, 5:00pm

AHS Boys Basketball Day – Saturday February 2nd, 3:30pm

All teams are invited to the High School games on the dates above to be recognized for their participation by the High School Student-Athletes and their Teams.

Admission is free for all of the coaches and athletes!

Introduction

EQUIPMENT

JERSEYS	<p>Provided by Aspen Recreation! Jerseys are to be returned at the end of the season Lost jerseys are \$50 to replace.</p>
SHORTS	<p>Players are expected to have their own basketball shorts for games. Plain black shorts that cut-off at the knee-line or just above are most appropriate.</p>
SHOES	<p>Non-marking BASKETBALL shoes are expected.</p>
BASKETBALLS	<p>Provided by Aspen Recreation! Coaches will have 6 basketballs per team, as well as cones and other miscellaneous practice equipment.</p>

FACILITIES

AES	<p>Aspen Elementary School 235 High School Rd, Aspen, CO 81611</p>
AMS	<p>Aspen Middle School 235 High School Rd, Aspen, CO 81611</p>
AHS	<p>Aspen High School 235 High School Rd, Aspen, CO 81611</p>
CDS	<p>Country Day School Limited Parking – Pick-up/Drop-off only 85 Country Day Way, Aspen, CO 81611</p>

Respect of all facilities is paramount. We strive to always leave the gyms in better space than we received them.

We are not allowed access anywhere on the campuses outside of the gyms and bathrooms.

2018 Winter Basketball Jamboree

Wednesday December 19th, 2:00-5:00pm @ Aspen Middle School.

Time	Court	Home Team	Away Team
3rd/4th Boys			
2:00	1	AB1	AB3
2:30	1	AB2	AB3
3:00	1	AB1	AB2
3rd/4th Girls			
2:30	2	AG1	
5th 6th Girls			
3:00	2	AGG1	AGG2
5th/6th Boys			
3:30	1	ABB1	ABB3
3:30	2	ABB2	ABB4
4:00	1	ABB1	ABB2
4:00	2	ABB3	ABB4
4:30	1	ABB4	ABB1
4:30	2	ABB2	ABB3

2018 Elks Lodge @224 Hoop Shoot

December 19th, 2:00-5:00pm @ AES

Will be held in the Aspen Elementary Gymnasium alongside the Jamboree!

Before/After, or In-Between games, take your athlete down to the Elementary Gym to participate in the FREE competition!



3rd / 4th Grade GIRLS

[AG1]				
Coaches	Tracy Dickerman c. 9708194453 e. tracy.dickerman@gmail.com	Seth Owen c. 9709890127 e. aspenseth@hotmail.com		
Practices	Aspen Elementary School Court 1 Tuesdays/Thursdays 3:30pm-4:30pm			
Games	Elks #224 Hoop Shoot, Jamboree	AMS	2:00	Wednesday, December 19, 2018
	Basalt 2 - BG2	BES	5:45	Thursday, January 10, 2019
	Glenwood 2 - GG2	GRC	6:00	Monday, January 14, 2019
	Basalt 2 - BG2	AMS	5:30	Wednesday, January 23, 2019
	Basalt 1 - BG1	BES	5:45	Monday, January 28, 2019
	AHSGB Girls' Night	AHS	5:00	Thursday, January 31, 2019
	Basalt 1 - BG1	AMS	5:30	Wednesday, February 6, 2019
	Carbondale 1 - CG1	AMS	6:30	Wednesday, February 6, 2019
	Carbondale 1 - CG1	CRC	6:00	Monday, February 11, 2019
	Glenwood 1 - GG1	AMS	6:30	Wednesday, February 13, 2019
	PLAYOFF WEEK: 2/25/2019 – 3/1/2019			
Roster	Alison Chaparro Adelaide Dorr Siena Ettlinger Emerson Hemstreet Zoe Owen Eliza-Marie Pfeifer Annie Strecker Celia Verhey Hayleigh Walker Alexa Yang Jane Morehouse Olivia Wilson			

5th / 6th Grade GIRLS

[AGG1]

Coaches	Jared Thompson c. 9703554908 e. jared81611@gmail.com	Dan Dangler c. 9709481201 e. yldan@comcast.net																																												
Practices	Aspen Elementary School Mondays; 3:30pm-5:00pm Wednesdays; 5:00pm-6:30pm																																													
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Analicia Aguilar																																														

5th / 6th Grade GIRLS

[AGG2]															
Coaches	Paul Kurkulis c. 9702749553 e. aspenkurk@gmail.com	Michael Campbell c. 9709201616 e. ZGzeke@gmail.com													
Practices	Aspen Elementary School Mondays; 5:00pm-6:30pm Wednesdays; 3:30pm-5:00pm														
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3rd / 4th Grade BOYS

[AB1]

Coaches	Josh Berro c. 9702740182 e. jberro@aspensk12.net		Jeff Pendarvis c. 9703097638 e. jeff.pendarvis@cityofaspen.com																																																								
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	Ryder Hirsch																																																										
	Beckett Nelson																																																										

3rd / 4th Grade BOYS

[AB2]

Coaches	Todd Hoeffner c. 7135048965 e.todd_hoeffner@yahoo.com	Andrew Ernemann c. e.																																												
Practices	Aspen Elementary School Court 1 Tuesdays/Thursdays 4:30-5:30pm																																													
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3rd / 4th Grade BOYS

[AB3]				
Coaches	Larry Butler c. 3107216134 e. larry@getawestruck.com	Tasha Goodson c. 8132455796 e. tgoodson8@aol.com		
Practices	Aspen Elementary School Court 2 Tuesdays/Thursdays 3:30pm-4:30pm			
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	PLAYOFF WEEK: 2/25/2019 – 3/1/2019			
Roster	Cameron Blatz	Timmy Gardner		
	Stas Bodnar	Julian Plessett		
	Marshall Butler	Mickey Marolt		
	Ozley Choquette	Samuel Weber		
	Andrew Dube	Bode Zubrod		
	Roger Farrell	Jasper Spears		

5th / 6th Grade BOYS

[ABB1]																																																																					
Coaches	Larry Butler c. 3107216134 e. larry@getawestruck.com	James Benvenuto c. 9709483264 e. jwbaspen@me.com																																																																			
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Games	<table border="1"> <tr> <td data-bbox="306 423 529 483">Elks #224 Hoop Shoot, Jamboree</td> <td data-bbox="529 423 636 483">AMS</td> <td data-bbox="636 423 742 483">2:00</td> <td colspan="2" data-bbox="742 423 1016 483">Wednesday, December 19, 2018</td> </tr> <tr> <td data-bbox="306 483 529 529">Aspen 4 - ABB4</td> <td data-bbox="529 483 636 529">AMS</td> <td data-bbox="636 483 742 529">5:30</td> <td colspan="2" data-bbox="742 483 1016 529">Tuesday, January 8, 2019</td> </tr> <tr> <td data-bbox="306 529 529 574">Aspen 2 - ABB2</td> <td data-bbox="529 529 636 574">AMS</td> <td data-bbox="636 529 742 574">5:30</td> <td colspan="2" data-bbox="742 529 1016 574">Thursday, January 10, 2019</td> </tr> <tr> <td data-bbox="306 574 529 620">Aspen 3 - ABB3</td> <td data-bbox="529 574 636 620">AMS</td> <td data-bbox="636 574 742 620">6:30</td> <td colspan="2" data-bbox="742 574 1016 620">Tuesday, January 15, 2019</td> </tr> <tr> <td data-bbox="306 620 529 665">Basalt 2 - BBB2</td> <td data-bbox="529 620 636 665">AMS</td> <td data-bbox="636 620 742 665">5:30</td> <td colspan="2" data-bbox="742 620 1016 665">Wednesday, January 16, 2019</td> </tr> <tr> <td data-bbox="306 665 529 711">Aspen 3 - ABB3</td> <td data-bbox="529 665 636 711">AMS</td> <td data-bbox="636 665 742 711">6:30</td> <td colspan="2" data-bbox="742 665 1016 711">Friday, January 25, 2019</td> </tr> <tr> <td data-bbox="306 711 529 756">Carbondale 2 - CBB2</td> <td data-bbox="529 711 636 756">CRC</td> <td data-bbox="636 711 742 756">6:00</td> <td colspan="2" data-bbox="742 711 1016 756">Tuesday, January 29, 2019</td> </tr> <tr> <td data-bbox="306 756 529 802">Aspen 4 - ABB4</td> <td data-bbox="529 756 636 802">AMS</td> <td data-bbox="636 756 742 802">6:30</td> <td colspan="2" data-bbox="742 756 1016 802">Friday, February 1, 2019</td> </tr> <tr> <td data-bbox="306 802 529 847">AHSBB Boys' Day</td> <td data-bbox="529 802 636 847">AHS</td> <td data-bbox="636 802 742 847">3:30</td> <td colspan="2" data-bbox="742 802 1016 847">Saturday, February 2, 2019</td> </tr> <tr> <td data-bbox="306 847 529 893">Aspen 2 - ABB2</td> <td data-bbox="529 847 636 893">AMS</td> <td data-bbox="636 847 742 893">6:30</td> <td colspan="2" data-bbox="742 847 1016 893">Friday, February 8, 2019</td> </tr> <tr> <td data-bbox="306 893 529 938">Basalt 1 - BBB1</td> <td data-bbox="529 893 636 938">BMS</td> <td data-bbox="636 893 742 938">5:45</td> <td colspan="2" data-bbox="742 893 1016 938">Thursday, February 14, 2019</td> </tr> <tr> <td data-bbox="306 938 529 984">Glenwood 4 - GBB4</td> <td data-bbox="529 938 636 984">GRC</td> <td data-bbox="636 938 742 984">6:00</td> <td colspan="2" data-bbox="742 938 1016 984">Tuesday, February 19, 2019</td> </tr> <tr> <td colspan="5" data-bbox="306 984 1016 1092" style="text-align: center;">PLAYOFF WEEK: 3/4/2019 – 3/8/2019</td> </tr> </table>				Elks #224 Hoop Shoot, Jamboree	AMS	2:00	Wednesday, December 19, 2018		Aspen 4 - ABB4	AMS	5:30	Tuesday, January 8, 2019		Aspen 2 - ABB2	AMS	5:30	Thursday, January 10, 2019		Aspen 3 - ABB3	AMS	6:30	Tuesday, January 15, 2019		Basalt 2 - BBB2	AMS	5:30	Wednesday, January 16, 2019		Aspen 3 - ABB3	AMS	6:30	Friday, January 25, 2019		Carbondale 2 - CBB2	CRC	6:00	Tuesday, January 29, 2019		Aspen 4 - ABB4	AMS	6:30	Friday, February 1, 2019		AHSBB Boys' Day	AHS	3:30	Saturday, February 2, 2019		Aspen 2 - ABB2	AMS	6:30	Friday, February 8, 2019		Basalt 1 - BBB1	BMS	5:45	Thursday, February 14, 2019		Glenwood 4 - GBB4	GRC	6:00	Tuesday, February 19, 2019		PLAYOFF WEEK: 3/4/2019 – 3/8/2019				
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	Aidan Chaffey		Manuel Morales																																																																		
	Luke Holloway		Myles Tralins																																																																		
	Collin Luu																																																																				

5th / 6th Grade BOYS

[ABB2]

Coaches	Mark Asher c. 9703799878 e. mark@starwood.org	Jeff Pendarvis c. 9703097638 e.jeff.pendarvis@cityofaspen.com																																																				
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5th / 6th Grade BOYS

[ABB3]																																																							
Coaches	Chris Seeman c. 9709482100 e. chris@sagebrushlodge.com	Elizabeth Francesci c. e.																																																					
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5th / 6th Grade BOYS

[ABB4]

Coaches	Paul Gerardi c. 9703791552 e. pggbasalt@gmail.com	Steve Rumbaugh c. 9709256241 e. fishandskiaspen@yahoo.com																																																
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Roster	<table border="1"> <tr> <td data-bbox="293 1117 593 1149">Isaac Andrade</td> <td data-bbox="607 1117 908 1149">Porter Morris</td> </tr> <tr> <td data-bbox="293 1157 593 1190">Carter Garcia</td> <td data-bbox="607 1157 908 1190">Jack Paschal</td> </tr> <tr> <td data-bbox="293 1198 593 1230">Wade Gerardi</td> <td data-bbox="607 1198 908 1230">Leo Roennau</td> </tr> <tr> <td data-bbox="293 1239 593 1271">Khalil Khan-Farooqi</td> <td data-bbox="607 1239 908 1271">Jackson Rumbaugh</td> </tr> <tr> <td data-bbox="293 1279 593 1312">Jack Mcdade</td> <td data-bbox="607 1279 908 1312">Chile Smart</td> </tr> <tr> <td data-bbox="293 1320 593 1352">Landen Thurber</td> <td data-bbox="607 1320 908 1352"></td> </tr> </table>		Isaac Andrade	Porter Morris	Carter Garcia	Jack Paschal	Wade Gerardi	Leo Roennau	Khalil Khan-Farooqi	Jackson Rumbaugh	Jack Mcdade	Chile Smart	Landen Thurber																																					
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TIPS TO EFFECTIVE PARENTING IN YOUTH ATHLETICS

- 1) **Remember that winning isn't important.**
 - a) There are many aspects of youth sports that are far more important than your child's team winning the basketball game. If you hold yourself to that expectation, your child will notice.
- 2) **Focus on your child's enjoyment.**
 - a) It's better for a child to play on a weak team that emphasizes enjoyment, development, and allows the players to develop a passion for the sport, than a winning team that over-stresses commitment, intensity, and defeating opponents.
- 3) **Let the coach do the coaching**
 - a) ... And never undermine coaching decisions.
 - i) Respect the ROLES of youth athletics, and the boundaries between them. When a child is being coached from two different directions, they are placed in the position of being forced to choose who they're going to listen to and who they'll 'disappoint'. This is a pressure no child should have to endure in youth sports.
 - ii) If you can coach, please volunteer to coach a team at the beginning of the season. If you cannot commit to the team for an entire season, please focus on encouraging from the sidelines, and helping develop the fundamentals at home. Encourage teamwork; both individual and collective growth.
- 4) **Don't be afraid to raise issues with the coach.**
 - a) Too often parents will refuse to ask to meet the coach and discuss a problem they have. Instead, they choose to share the problem with other spectators or players. This only exasperates the issue.
 - b) If you ever have an issue, ask to set up a meeting with the coach and find a private location to ask your questions and discuss solutions. If your questions is approached respectfully and the right way, all good coaches will be happy to answer and discuss. Keep in mind that you must be willing to receive an answer you might not want to hear.
 - c) Volunteer coaches are instructed to be receptive to parent/spectator feedback while enforcing healthy boundaries;
 - i) The 24-Hour Rule: After games, allow yourself 24 hours before approaching to coach to discuss issues or questions about the game. Emotions run high after the buzzer sounds – let both parties cool-off and reflect before discussing.
 - ii) Feedback should never occur during practice or during games. Never allow a parent/spectator-coach interaction distract from a situation where the kids' participation should be the primary focus.
- 5) **Allow your child to be coached.**
 - a) Trust the coach to do their job; sometimes expectations have to be upheld and players must be held accountable. We recognize the value of "tough love" while stressing the importance of tone and delivery method; coaches shouldn't yell, demean, or blame the players, ever. But when rules or expectations need to be enforced, healthy discipline is undeniably beneficial developmentally.
- 6) **Display good body language at games.**
 - a) Your child will **always** know exactly where you are in the gym during games and practices. They will look at you often, and you can never know when.
 - b) Your body language displays your emotions and if yours is visibly negative, your child will notice and may misguidedly attest it to their performance.
 - c) If you ever catch your child looking your way, make sure you smile and wave, showing them you're enjoying being there.
- 7) **Know your role at the game & Don't stand out from the crowd.**

"It amazes me that spectators want to coach, coaches want to officiate, and officials just want to watch the game."

- Lou Holtz

 - a) The Four Main ROLES:
 - i) Player – they play the game
 - ii) Coach – they coach the game
 - iii) Referee – they referee the game
 - iv) Spectator – they watch the game
 - (1) Any time a role is handling the duties of another, something is wrong.
- 8) **Treat your child the same after a win or a loss.**
 - a) Don't let the outcome of the game determine the way you interact on the car ride home. Remain positive, especially if they are down or upset. Your support for them is not contingent on the outcome of the game or their performance.
- 9) **Don't focus on "skill" stats, focus on "hustle" and "teamwork" stats.**
 - a) Points are hard to score. Highlights are simple and spread apart. Don't inflate the value of points scored, steals made, or assists thrown. Recognize them for helping their teammates up, setting good screens, boxing out for rebounds, dribbling and shooting with proper technique. What are your 'hustle' stats? Reward hard-work, not results! That's not the focus at this age.
- 10) **Never yell at the referees.**
 - a) We don't expect our players to make 100% of their shots, so how can we expect referees to make the right call 100% of the time?

Weekly Practice Grid

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:00	AGG1 Practice 3:30-5:00 AES	AB3 / AG1 Practice	AGG1 Practice 3:30-5:00 AES	AB3 / AG1 Practice	
4:00	ABB1 Practice 4:00-5:30 CDS	ABB3 Practice 4:00-5:30 CDS	ABB1 Practice 4:00-5:30 CDS	3:30-4:30 AES 2 / 1 ABI / AB2 Practice CDS	ABB3 Practice 4:00-5:30 CDS
5:00	AGG2 Practice 5:00-6:30 AES	4:30-5:30 AES 2 / 1	AGG2 Practice 5:00-6:30 AES	4:30-5:30 AES 2 / 1	
6:00	ABB2 Practice 5:30-7:00 CDS	ABB4 Practice 5:30-7:00 CDS	ABB2 Practice 5:30-7:00 CDS	ABB4 Practice 5:30-7:00 CDS	
7:00					